

EXAMPLE WEEK (11 - 14 YEAR OLDS) ©

TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-9:15	EARLY CLUB				
8:30-9:30	REGISTRATION AND MEET YOUR GROUP				
9:30-9:45	TEAM BUILDING				
9:45-10:30	Fire Drill Site Orientation What's Coming Up?	Move Like Jackson OR Tag Rugby	Fencing OR Dodgeball	Handball OR Circus Skills	Swimming OR Powerball
10:30-10:45	MORNING BREAK				
10:45-11:40	Swimming OR Toxic Tank	Quad Bikes OR Bottle Volcanoes	Code Cracker OR Kwik Cricket	The Apprentice OR Goal Ball	Go Karts OR Puppetry
11:40-12:40	Light Shade OR Basketball	Aqua Slide OR Baseball	Water Polo OR Orienteering	Croccer OR Barrumba	Fencing OR Snake Game & Gutter Ball
12:40-13:25	LUNCH				
13:25-14:25	Fencing OR Den Building	Minute To Win It OR Kinball	Masked Juggling Balls OR Human Knot & Soft Ground Crossing	Uni-Hoc OR Catapult Challenge	Ultimate Frisbee OR Mime Mania
14:25-15:25	Impro To Go OR Tennis	Kwik Cricket OR Paper Mache Frames	Capture The Flag OR Danish Longball	Archery OR Aqua Slide	Rounders OR River Challenge
15:25-15:40	AFTERNOON BREAK				
15:40-16:30	Pop Lacrosse OR Archery	Bridge Challenge OR Football	River Crossing OR Badminton	Go-Karts OR Netball	Football OR Circuits
16:30-17:30	COLLECTION AND CHILL TIME				
16:45-18:00	LATE CLUB				

Our timetable is carefully planned with our ACTIVE motto in mind

ATHLETIC, CREATIVE, TEAMWORK, INSPIRING, VARIETY, ENERGETIC

